



Contextual Safeguarding- EXTRA EDITION



Safer Internet Day

Safer Internet Day Poem

You can play, and chat, and find out.
 But when things change and you feel unsure,
 Then that's when it's time to shout...
 "Something has changed, and I need some help,
 What's happening doesn't feel good."
 Things will get better when a trusted adult
 KNOWS,

And your feelings have been understood.

How can you stay safe even when things change online?

- Talk to a trusted adult
- Ask them before you download something new
- Tell them about the things you see online, especially if you are worried or upset
- Turn your device off, over, or pause it
- Ask them to show you where the block and report buttons are, and for help using them

Who are the trusted adults you could talk to about things online?

- Parents or carers
- Auntie and Uncle
- Teacher and teaching assistant
- Sports club leader
- Grandparents