

Personal, Social, Health and Economic Education (PSHE) Long Term Plan - Year1

Personal Safety

Personal and Social Responsibility

Relationships	Health	Media	Financial Capability	Career and Work Related Learning	Citizenship
<p><u>Friendships Aut 1</u> Managing friendship Coping with breakups</p> <p>Skills:</p> <ul style="list-style-type: none"> Group work/interdependence Assertiveness Communication, speaking and listening for learning, relationships 	<p><u>How have I changed? Aut 1</u> Baby to now Physically Emotionally Socially</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Communication, speaking and listening for learning and relationships Resilience/ coping skills <hr/> <p><u>Diet Sum 1</u> Analysis of diet Classification of food</p> <p>Skills</p> <ul style="list-style-type: none"> Resilience/coping skills Decision making, including choices Communication, speaking and listening for learning and relationships 	<p><u>Technology beyond school ICT</u> What technology do I know about? How is it used? What is good about it? What is not good about it?</p> <p>Skills:</p> <ul style="list-style-type: none"> Communication, speaking and listening for learning and relationships Decision making, including choices Assertiveness 	<p><u>Learning about money Spr 2</u> Money is earned by doing a job</p> <p>Skills:</p> <ul style="list-style-type: none"> Resilience/ coping skills Self motivation/independence Communication, speaking and listening for learning and relationships 	<p><u>People who help us Aut 2</u> In school At home Different people Different roles</p> <p>Skills:</p> <ul style="list-style-type: none"> Self motivation/independence Group work/interdependence Communication, speaking and listening for learning and relationships <p><u>What have I achieved? Sum 2</u> Review of learning Developing understanding of personal goals Transition to next stage of learning</p> <p>Skills:</p> <ul style="list-style-type: none"> Resilience/coping skills Self motivation/independence Communication speaking and listening for learning and relationships 	<p><u>The School Community Aut 1</u> Classroom rules Making a classroom a caring environment Thinking about self and others</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making, including choices Communication, speaking and listening for learning and relationships
<p><u>How do I feel? Spr 1</u> My feelings and other people Happy/sad Yes/no feelings Rights over own body Responsibility to accept no</p> <p>Skills:</p> <ul style="list-style-type: none"> Assessing and managing risk for self and others Resilience/coping skills Communication, speaking and listening for learning, relationships 					

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Enrichment	Other topics/ themes/ cross curricular links....
Learning together: working with parents Drugs Education Sex and relationships Healthy Eating E safety Quality Circle Time Theatre in Education Themed Curricular sessions – Wow Days SEAL– Social and Emotional Aspects of Learning Philosophy	Add to this

Personal, Social, Health and Economic Education (PSHE) Long Term Plan - Year 2

Personal Safety

Personal and Social Responsibility

Relationships	Health	Media	Financial Capability	Career and Work Related Learning	Citizenship
<p>How do I feel? Aut 1 My feelings and other people Happy/sad Yes/no feelings Rights over own body Responsibility to accept no</p> <p>Skills:</p> <ul style="list-style-type: none"> Assessing and managing risk for self and others Resilience/coping skills Communication, speaking and listening for learning, relationships 	<p>Diet Spr 2 Analysis of diet Classification of food Skills</p> <ul style="list-style-type: none"> Resilience/coping skills Decision making, including choices Communication, speaking and listening for learning and relationships <p>Illness and accidents Working Together Medicines Household chemicals Kitchensink/garden shed/bathroom cabinet Skills:</p> <ul style="list-style-type: none"> Assessing and managing risk for self and others Resilience/coping skills Communication, speaking and listening for learning and relationships <p>Body parts Spr 1 Male/female Similarities/differences Skills:</p> <ul style="list-style-type: none"> Self motivation/independence Resilience/coping skills Communication, speaking and listening for learning and relationships <p>People who help us Spr 1 In school Out of school Skills:</p> <ul style="list-style-type: none"> Assessing and managing risk for self and others Self motivation/independence Communication, speaking and listening for learning and relationships 	<p>Television and me Sum 1 Favourite TV programmes Number of hours per day? What time of day? Where watched? Watched with whom?</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Resilience/coping skills Communication, speaking and listening for learning and relationships <p>Technology beyond school ICT What technology do I know about? How is it used? What is good about it? What is not good about it?</p> <p>Skills:</p> <ul style="list-style-type: none"> Communication, speaking and listening for learning and relationships Decision making, including choices Assertiveness 	<p>Learning about money Aut 2 Money is earned by doing a job</p> <p>Skills:</p> <ul style="list-style-type: none"> Resilience/ coping skills Self motivation/independence Communication, speaking and listening for learning and relationships 	<p>What have I achieved? Sum 2 Review of learning Developing understanding of personal goals Transition to next stage of learning</p> <p>Skills:</p> <ul style="list-style-type: none"> Resilience/coping skills Self motivation/independence Communication speaking and listening for learning and relationships 	<p>The School Community Aut 1 Classroom rules Making a classroom a caring environment Thinking about self and others</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making, including choices Communication, speaking and listening for learning and relationships

Enrichment	Other topics/ themes/ cross curricular links....
Learning together: working with parents Drugs Education Sex and relationships Healthy Eating E safety Quality Circle Time Theatre in Education Themed Curricular sessions – Wow Days SEAL– Social and Emotional Aspects of Learning Philosophy	Add to this

Personal, Social, Health and Economic Education (PSHE) Long Term Plan - Year 3

Personal Safety

Personal and Social Responsibility

Relationships	Health	Media	Financial Capability	Career and Work Related Learning	Citizenship
<p>Family Networks Aut 2</p> <p>Celebrating difference Challenging stereotype</p> <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness Self motivation independence Communication/speaking and listening for learning and relationships 	<p>Alcohol and Tobacco Sum 2</p> <p>Effects and Implications</p> <p>Skills:</p> <ul style="list-style-type: none"> Assessing and managing risk for self and others Decision making including choices Communication/speaking and listening for learning and relationships <p>Working Together?</p>	<p>Communication and technology Spr 1</p> <p>In my home: What technology? Who uses it? Using technology safely alone /with friends. (E safety week is beg Feb)</p> <p>Skills:</p> <ul style="list-style-type: none"> Communication/speaking and listening for learning and relationships Assessing and managing risk for self and others Assertiveness 	<p>Learning about money Sum 1</p> <p>Why save money? Where can we save?</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making including choices Communication/ speaking and listening for learning and relationships 	<p>Local Community Aut 1</p> <p>Who works in the local community? Businesses Public spaces Local buildings</p> <p>Skills:</p> <ul style="list-style-type: none"> Group work interdependence Self motivation independence Communication/speaking and listening for learning and relationships 	<p>Community Boundaries Aut 1</p> <p>Why do we need rules? Rules in the classroom Rules at home. Similarities and differences Reasons why</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making including choices Communication/speaking and listening for learning and relationships
<p>Friendship Spr 2</p> <p>Conflict and Causes Recognising and acknowledging emotions in difficult situations</p> <p>Skills:</p> <ul style="list-style-type: none"> Coping skills/resilience Conflict resolution Communication/speaking and listening for learning and relationships 	<p>Medicines & other substances Sum 2</p> <p>Safe/unsafe</p> <p>Skills:</p> <ul style="list-style-type: none"> Assessing and managing risk for self and others Coping skills/resilience Group work interdependence <p>Working Together?</p>			<p>What have I Achieved? Sum 2</p> <p>Transition to next stage of learning</p> <p>Skills</p> <ul style="list-style-type: none"> Coping skills/resilience Self motivation/ independence Communication/speaking and listening for learning and relationships 	

Enrichment	Other topics/ themes/ cross curricular links....
<p>Learning together: working with parents</p> <p>Drugs Education</p> <p>Sex and relationships</p> <p>Healthy Eating</p> <p>E safety</p> <p>Quality Circle Time</p> <p>Theatre in Education</p> <p>Themed Curricular sessions – Wow Days</p> <p>SEAL– Social and Emotional Aspects of Learning</p> <p>Philosophy</p>	<p>Science Topic – animals, including humans – healthy eating</p> <p>Food technology – design a topping/filling for a jacket potato – healthy eating</p> <p>PE link – Healthy day / week - eating and exercise - Wow days</p> <p>Grow your own fruit and vegetables– school garden</p>

Personal, Social, Health and Economic Education (PSHE) Long Term Plan - Year 4

Personal Safety

Personal and Social Responsibility

Relationships	Health	Media	Financial Capability	Career and Work Related Learning	Citizenship
<p><u>Peer Influences</u> Positive and Negative Teasing /Bullying/ nicknames Coping Strategies Self image Body image</p> <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness Conflict resolution Resilience/coping skills 	<p><u>Growing and changing</u> Challenging stereotype My changes since starting school</p> <p>Skills:</p> <ul style="list-style-type: none"> Self motivation independence Coping skills/resilience Negotiation 	<p><u>Media influence</u> Shopping Advertising Christmas list Birthday treats Presents</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Resilience/coping skills Communication/speaking and listening for learning and relationships 		<p><u>What have I Achieved?</u> Review of learning Personal goals review/set Transition to next stage of learning</p> <p>Skills:</p> <ul style="list-style-type: none"> Coping skills/resilience Self motivation/ independence Communication/speaking and listening for learning and relationships 	<p><u>Community Boundaries</u> Why do we need rules? Rules in the classroom Rules at home. Similarities and differences Reasons why</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making including choices Communication/speaking and listening for learning and relationships
	<p><u>Preparing for Puberty</u> What is puberty?</p> <p>Skills:</p> <ul style="list-style-type: none"> Self motivation independence Resilience/coping skills Communication/speaking and listening for learning and relationships 	<p><u>Communication and technology</u> In my home: What technology? Who uses it? Using technology safely alone /with friends. (E safety week is beg. Feb)</p> <p>Skills:</p> <ul style="list-style-type: none"> Communication/speaking and listening for learning and relationships Assessing and managing risk for self and others Assertiveness 			

Enrichment	Other topics/ themes/ cross curricular links....
<p>Learning together: working with parents Drugs Education Sex and relationships Healthy Eating E safety Quality Circle Time Theatre in Education</p>	<p>Grow your own fruit and vegetables – school garden PE link – Healthy day / week - eating and exercise – WOW days</p>

Themed Curricular sessions – WOW Days SEAL– Social and Emotional Aspects of Learning Philosophy	
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