

Personal, Social, Health and Economic Education (PSHEe) Long Term Plan - Year 5

Personal Safety Personal and Social Responsibility

Working Together with parents and Carers: Drug Education – Cycle A Relationships or E Safety Cycle B

Relationships	Health	Media	Financial Capability	Career and Work Related Learning	Citizenship
<p>How do I behave? Spr 2 What is bullying? Why is it wrong? What is anti-social behaviour? Why is it wrong?</p> <p>Skills:</p> <ul style="list-style-type: none"> Assertiveness Conflict resolution Resilience/coping skills <p>Use SEAL resources ‘Getting on, falling out’</p>	<p>Healthy Lifestyle Spr 2 Balance of diet and activity</p> <p>Skills:</p> <ul style="list-style-type: none"> Self motivation independence Coping skills/resilience Negotiation <p>Links to DT cookery</p>	<p>My computer and me Computer games Age classifications Favourite game Hours per day? Played where? Played with whom? Different games and different places</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Resilience/coping skills Communication/speaking and listening for learning and relationships 	<p>Learning about money Sum 1 Fund raising for local charities e.g. St Nicholas Hospice or raising money for national charities e.g. Children in Need</p>	<p>What have I Achieved? Sum 2 Review of learning Personal goals review/set Transition to next stage of learning</p> <p>Skills:</p> <ul style="list-style-type: none"> Coping skills/resilience Self motivation/ independence Communication/speaking and listening for learning and relationships <p>Use SEAL resources ‘Going for goals’</p>	<p>Community Boundaries Aut 1 Why do we need rules? Rules in the classroom Rules at home. Similarities and differences Reasons why</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making including choices Communication/speaking and listening for learning and relationships
<p>Sex and relationships Education Puberty (Y5 Statutory NC Science Spr 1 Developmental changes in boys(wet dreams) and girls(menstruation) - both physical and emotional changes Hygiene</p> <p>Skills:</p> <ul style="list-style-type: none"> Self motivation independence Resilience/coping skills Communication/speaking and listening for learning and relationships 	<p>Working Together with Parents / Carers Cycle A Drug Education – tobacco, alcohol and solvents</p>	<p>Media influence Aut 2 Increased leisure time Internet Social networking Mobile phones Personal safety Getting help Implications for me</p> <p>Skills:</p> <ul style="list-style-type: none"> Communication/speaking and listening for learning and relationships Assessing and managing risk for self and others Assertiveness <p>Links to English - debates Working Together with Parents / Carers Cycle B E Safety</p>			<p>The Global Community Aut 1 What is Global Citizenship? What is aid for? Is aid important? What is fair trade? Is fair trade important and why? Is fair trade always good?</p> <p>Skills:</p> <ul style="list-style-type: none"> Negotiation Decision making including choices Communication/speaking and listening for learning and relationships <p>Links to Geography - Rainforests Use Global Citizenship CD-Rom plans</p>

Enrichment	Other topics/ themes/ cross curricular links....
Learning together: working with parents Drugs Education Sex and relationships Healthy Eating E safety Quality Circle Time Themed Curricular sessions – WOW Days SEAL– Social and Emotional Aspects of Learning	Working Together with Parents – Drug Education

Philosophy	
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