

# LONG TERM PE PLAN 2017 - 2018

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Invasion Games Football	Dance - Fidgety Fish/Loon on the Moon	Gymnastics 1 Link two ways of travelling to make a short movement phrase...	Gymnastics 1	Games 1 & 2 (rolling and sliding),	Games 1 & 2 (rolling and throwing)
	Dance Builders at work	Dance 1	Gymnastics 2 Choose three 'like' actions and link them to make a short movement phrase...	Gymnastics 2	Games 3 (games involving rolling, sliding and throwing)	Athletics Can you throw further than you can run? Taking off from behind the start line

Year 2	Games	Games	Gymnastics 2	Gymnastics 2	Tennis	Athletics
		Dance	Dance 2 (Country Dance)	Games 1 (Football)	Games 2 Cricket)	Games 3 (Striking and fielding kick rounders)
Year 3	Dance (Umbrellas)	Dance /Ballet	Gymnastics 1 Perform a sequence with a clear change of speed and direction...	Gymnastics 2 Peform a sequence of six contrasting actions. Dance	Games (high five netball)	Games tennis
	Basketball	Basketball			Striking and fielding games	Athletics

Year 4	Invasion games (Football)	Invasion Games (Tag rugby)	Gymnastics 1 Teach your sequence of eight contrasting actions to a partner...	Gymnastics 2 Perform a sequence following an interesting pathway...	Athletics How far can you and your partner throw and jump?	OAA Use simple maps to follow a route around a desert island, collecting provisions on the way...
	Basketball	Quicksticks	Invasion games (Tchoukball)	Invasion Games (Quicksticks)	Net and Wall - (tennis)	Tennis
Year 5/6	Invasion games 1 Tag Rugby	Invasion games High 5 netball	Gymnastics With others, perform a sequence of up to ten actions...	Gymnastics	Swimming	Swimming
	Invasion games	Invasion games Quicksticks	Badminton	Dance	Athletics- (How far can you throw)	Striking and fielding

	Basketball				and jump using different combinations, techniques and equipment?)	(Kwik cricket)
Year 6	Invasion Games (Tag rugby)	Invasion Games (Quicksticks)	Invasion games - (tchoukball)	Invasion games - (tchoukball)	Net and Wall (tennis)	Striking and fielding (Kwik Cricket)
	Dance -(street dance)	Dance - (street dance)	Gymnastics 1 Perform to an audience a sequence on floor and apparatus...	Gymnastics 2 With others, produce well rehearsed, high quality gymnastic performances...	Athletics How far can your team run in 3 minutes?	Net and Wall - (short tennis)