Dear Parent/Carer,

Year 4 have been given an excellent opportunity to receive their outdoor PE lessons at the Bury St. Edmunds Rugby Club every Wednesday morning for 6 weeks after Easter.

The first session will be on Wednesday 17th April. The final session will be on Wednesday 22nd May.

This will form part of the National Curriculum requirement for PE and is not an extra activity.

The Department for Education encourages that children receive 2 hours of PE a week, therefore the children will complete a session of Athletics led by the Rugby Club’s sports coaches, followed by a session of Hockey led by the Year 4 teachers to meet this recommendation.

All the relevant risk assessments have been completed to ensure we keep everyone safe during the activity.

The children should come to school dressed for outdoor PE and will then walk from school to the Rugby Club with members of school staff. Children must bring a water bottle and a healthy snack is encouraged as we will be active for a large part of the morning.

Please ensure that your child has the appropriate clothing for the weather each week, including trainers (not plimsolls), a T-shirt, a fleece or sports jumper/hoody and a raincoat as this activity will go ahead in nearly all weathers. Children will be required to change into their school uniformwhen they return to school.

As we already have your yearly walking consent forms there is nothing for you to complete.

Thank you for your support.

Kind regards,

Miss A Spencer

PE Coordinator